

HIGHER MINDZ • KREDITVERSE



InnerVerseTM EDU

— IMMERSIVE WELLNESS —
FOR THE NEXT GENERATION

One day. One grade. Every student in it.

An in-school digital wellness experience for New York City public schools, kindergarten through grade twelve, delivered with a licensed clinician on site.



AI-GUIDED
SELF-REFLECTION



IMMERSIVE
VR EXPERIENCE



REAL-WORLD
WELLNESS SKILLS



WHOLE-GRADE
IMPACT

— PRESENTED TO SCHOOL LEADERSHIP —

More than
HALF
of a grade
is involved.



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25%

of children are bullied

The most widespread
experience in any grade



16%

are doing the bullying

Often the same children
who are struggling



11%

**carry a diagnosed
anxiety condition**

And diagnosis undercounts
badly at these ages

These are not three separate problems. Research consistently finds that being treated badly drives anxiety through one mechanism — how a child comes to see themselves. That is why one experience can reach all of it.



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WHY IT PERSISTS

Support reaches the students who get referred.

WHAT SCHOOLS HAVE TODAY



Counselors
carrying full caseloads



Support triggered
by referral, incident,
or crisis



An assembly speaker
once a year



A curriculum nobody
has time to teach



WHO THAT MISSES



The student
who never tells
anyone



The student
whose parents will
not engage



The one doing
the bullying



The quiet, compliant
student nobody flags



Whole-grade delivery is the only way to reach
a student who will never raise their hand.

One day. Every student in the grade.



A whole-grade
immersive
wellness experience.



One experience. Every student.
Real impact.



No referral.



No selection.



No student
singled out.

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1 A licensed clinician is in your building

Not a video, not an app,
not a curriculum binder.
A Licensed Mental Health
Counselor from Higher Mindz
is physically present for the
full day.



2 Every student in the grade goes through it

Period by period, across a full
school day. No referral,
no selection, no student
singled out to participate.



3 You get a briefing within the week

A live readout to you and your
team on what your grade is
carrying and what to do about
it — not a report that arrives
by email and goes unread.



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THREE SESSIONS.

A COMPLETE WELLNESS EXPERIENCE.

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SESSION 1

ON SITE

Self-Reflection



Students work through a guided reflection on HoloTutor, our AI learning platform. Each student receives their own private takeaway — **one strategy** they can use that evening.



SESSION 2

ON SITE

The VR Experience



Calm environments, **guided breathing and regulation**, focus work, and a segment on how a feed is built to hold their attention.



SESSION 3

LIVE BRIEFING

Your Readout



You and your team, **within five business days**. What the grade is carrying, what it means, and what we recommend doing next.



We arrive and set up the day before.

Your day runs on your bell schedule — **we work around it**, not the other way round.

InnerVerseTM EDU



Calm mind.
Stronger tomorrow.

K through 12.



Every grade. Every age. Every student.
Built for their world. Focused on their wellness.

BAND	IN THE HEADSET	REFLECTION	WHAT IT FOCUSES ON
 K-2	8–10 minutes, seated	None — nothing recorded on any child	 Self-worth and self-talk, facilitator-led
 3-5	12–14 minutes	13 questions on device	 Self-worth and self-talk, plus five wellness areas
 6-8	15 minutes	26 questions on device	 Eight wellness areas across mood, focus, sleep, and comparison
 9-12	15 minutes	26 questions on device	 Eight wellness areas across mood, focus, sleep, and comparison



Younger students are not given a shortened version of a teenager's session.
Kindergarten through grade two runs facilitator-led with no data collected on any individual child.



Age-appropriate. Developmentally responsive. Clinician-designed.



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What a student actually experiences.



Safe. Guided. Private. Impactful.



A safe space.
A guided journey.
A stronger mind.



1 WELCOME Settle In



A warm welcome from our facilitator. We explain the experience and set an intention.



2 CHECK-IN How Are You?



A quick emotional check-in to help personalize the journey.



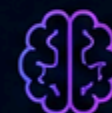
3 THE EXPERIENCE Immersive Journey



Through VR and guided prompts, students explore, reflect, and reset—at their own pace in a calming world.



4 REFLECTION What Stuck?



Students reflect on their experience and capture key takeaways that matter to them.



5 CLOSING Leave Lighter



We close with a positive send-off. Students leave feeling calmer, clearer, and more in control.

“It was relaxing. I felt lighter. I learned something about myself.” — 9th Grade Student



Private & Confidential

Only the student and facilitator.



Student-Led Journey

They go as deep as they want.



Evidence-Informed Wellness

Built on proven mental wellness strategies.



Designed by Clinicians

Created by a licensed mental health counselor.



Real Impact

Supports focus, emotional regulation, and personal growth.



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A picture of your grade, in a room with **your team.**



Your students.

Engaged.
Supported.
Growing.



Your team.

Guiding.
Present.
Empowered.



One experience.

One day.
One impact.



One goal.

Stronger minds.
Stronger futures.
Stronger together.



**The future
looks like this.**

Today.



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What we do not do.

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We are **not** therapy. We are **not** a worksheet. We are **not** a one-size-fits-all program.



**WE DO NOT
Assign
Homework**

No worksheets, no take-home assignments, no busywork.



**WE DO NOT
Provide
Therapy**

We do not diagnose, treat, or provide individual mental health therapy.



**WE DO NOT
Use Phones
or Apps**

This is a focused, distraction-free VR experience.



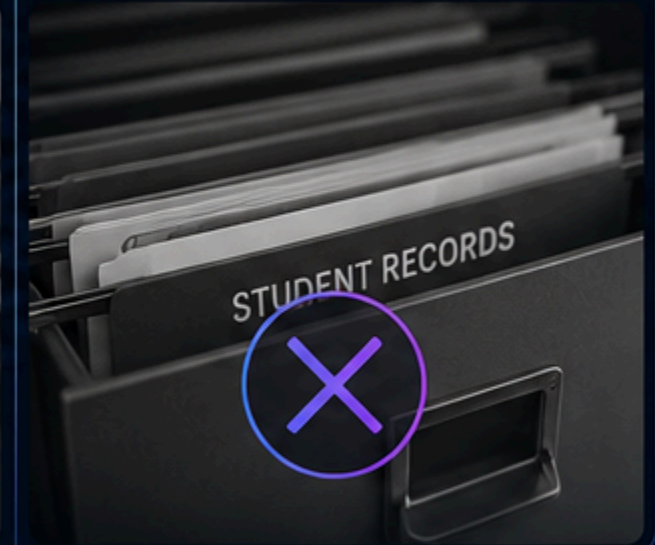
**WE DO NOT
Use One-Size-
Fits-All Content**

Our VR journeys are evidence-informed and age-appropriate.



**WE DO NOT
Create Reports
on Students**

Nothing is sent to parents or school records. This is a private experience.



Private. Respectful. Student-first.

We protect student privacy and create a safe space for every young person to reset, reflect, and grow.



We do one thing.

We do it with purpose.

There is a clinician in the room.



Professional. Present. Here for them.



A licensed clinician
is physically present
in the room.



They create
a safe, supportive
environment.



They observe,
support, and ensure
every student feels
comfortable.



Students are never
alone in the experience.

Already in your buildings.



We come to **you**—no extra space,
no extra prep, no extra stress.



In your school.

We bring everything
we need.



**In your classroom
or shared space.**

We adapt to your
environment.



During your school day.

Minimal disruption.



For your students.

Designed for the whole
grade, together.



**We handle the setup, the experience,
and the cleanup.**



Your role? Just help us make
sure **every student** gets to be there.



Start with one day.



One day can shift the climate
of your entire grade.
Let's bring immersive wellness
to every student.



One day.
Big impact.



Every student.
No one left out.



Real wellness.
Real results.



Stronger minds.
Stronger future.



One day can change everything.
Let's get started.



Schedule your Digital Wellness Day today.
One day. Every student. Real impact.



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not much.



We handle the headsets, the setup,
the experience, and the cleanup.

Your team just shows up.



We bring
Everything
we need.



We set up
Fast, smooth,
stress-free.



We lead
A powerful wellness
experience.



We clean up
Leave the room
as we found it.



Minimal lift. Maximum impact.
We make it easy for your team.



You focus on your students.
We handle the rest.



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FOR THE NEXT GENERATION

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From this meeting to delivery.



A simple, proven process—start to finish.



One day.
Big impact.



We keep it simple.
You stay focused.



We're with you
every step.



Your students.
Our mission.

Which grade?



One day can change everything.
Let's bring InnerVerse to your students.



Every student.
Every grade.
K through 12.



Real wellness.
Real impact.
One immersive day.



Stronger minds.
Stronger future.
Together.



They feel it.
You'll see it.
It starts here.



Your students are **ready**.

Let's make it happen.



Let's choose your date
and bring InnerVerse to
your grade.



Schedule your Digital Wellness Day today.

One day. Every student. Real impact.